

Think Allergy

When someone asks you if a food contains a particular ingredient – always check.
From 13 December 2014, food businesses will need to provide information about allergenic ingredients in the food they serve.



1. 'Is there any egg in this?'



2. 'I don't know. I'll check.'



3. 'Do you know if this has any egg in it?'



4. 'I'll check.'

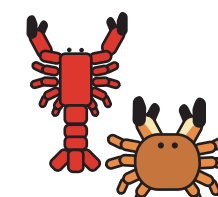
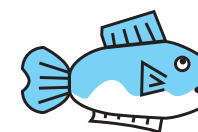
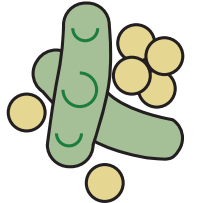
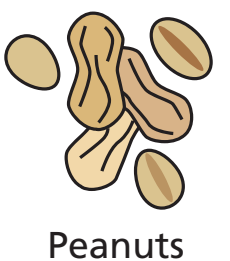


5. 'Yes, there is egg in it.'



6. 'Let me help you choose something else.'

Which ingredients can cause a problem?



For more information and advice about allergy, visit: food.gov.uk/allergy

A booklet **Allergen information for loose foods** is also available to download.