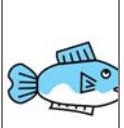


DISHES AND THEIR ALLERGEN CONTENT – METRO CATERING (WEEK 3)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Golden Topped Shepherd's Pie & Gravy	✓	✓					✓						✓	
Jacket Potato & Chicken & Sweetcorn Mayonnaise				✓					✓					
Chocolate Crunch & Orange Wedge		✓					✓							
Turkey Meatballs in Herby Gravy with Mixed Pasta		✓					✓							
Hot Baguette with Love Joes chicken(separate sheet for chicken)		✓					✓							
Homemade Carrot & Pineapple Cake		✓		✓			✓							
Roast Turkey, sage & onion stuffing & Gravy		✓											✓	
Jacket Potato & Cheese							✓							
Sultana Rice Pudding							✓							
Quorn Bolognese & Tricolour Pasta	✓	✓		✓			✓							

Review date: Jan
2015

Reviewed by: S Wallis