

## DISHES AND THEIR ALLERGEN CONTENT – METRO CATERING (WEEK 4)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Korma with Brown/white Rice and Naan bread	✓	✓					✓		✓					
Jacket Potato & Cheese							✓							
Chocolate Shortbread & Seasonal Fruit Wedge		✓												
Turkey Sausage & Vegetable casserole													✓	
Hot Baguette with Tuna Mayonnaise		✓		✓	✓		✓		✓					
Homemade Flapjack		✓					✓							✓
Roast Beef, Yorkshire Pudding & Gravy		✓		✓			✓						✓	
Jacket Potato & Homemade coleslaw				✓					✓					
Seasonal Fruit Crumble & Custard		✓					✓							
Homemade Qourne Lasagne	✓	✓		✓			✓							

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Reviewed by: S Wallis