



Available every day  
Freshly  
baked bread,  
seasonal salad,  
fresh fruit platter,  
organic yoghurt,  
semi-skimmed milk  
and chilled water

For allergen  
information, please  
ask one of our  
Catering Team

## Monday



## Tuesday



## Wednesday



## Thursday

## Friday



Italian Meatballs in a  
Tomato & Fresh Basil  
Sauce with Tagliatelle

or

Cheddar Cheese,  
Tomato and Spring  
Onion Omelette  
with Potato Wedges

served with

Broccoli  
Carrots

or

Ham Salad Wrap

followed by

Oaty Apple  
Crumble & Custard

Chicken Tikka Masala  
& Rice with Bombay  
Potatoes, Cucumber  
& Mint Yoghurt

or

Spinach, Feta & Filo  
Pie with a Jacket  
Potato

served with

Sweetcorn  
Curly Kale

or

Cheese & Red Onion  
Pitta Pocket

followed by

Fruit Compote &  
Organic Yoghurt

Roast Gammon &  
Pineapple with Roast  
& Mashed Potatoes &  
Gravy

or

Vegetarian Lasagne  
with Garlic Bread

served with

Roast Parsnips &  
Seasonal Green Leaf  
Vegetables

or

BLT Wholemeal  
Baguette

followed by

Australian  
Crunch Cookie with  
a Fruit Wedge

Garlic & Herb  
Chicken with Baby  
Roast Potatoes

or

Vegetable Korma  
with Rice,  
Naan Bread & Mint  
Yoghurt

served with

Vegetable Medley  
Baby Carrots

or

Chicken & Cherry  
Tomato Omelette

followed by

Mango Cake  
with a Fruit Wedge

Thin & Crispy  
Cheese &  
Tomato Pizza

or

Roasted Vegetable  
Enchiladas

served with

Chips  
Baked Beans  
Garden Peas

or

Egg & Cress  
Wholemeal Roll

followed by

American Muffin with  
a Fruit Wedge



Experience the taste

**CHILDREN'S  
FOOD TRUST**  
Eat Better Do Better







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| Monday   | Juice Free Days Tuesday                                      | Sugar Swap Wednesday  | Juice Free Days Thursday          | Meat Free Friday                      |
|--|--|---|-----------------------------------|---------------------------------------|
| Beef Meatballs with Wholegrain Pasta in a Tomato & Basil Sauce | Sweet Potato Curry with Naan Bread & Mango Chutney           | Roast Chicken, Sage & Onion Stuffing with Roast & Mashed Potatoes and Gravy | Spanish Beefy Rice                | Thin & Crispy Cheese & Tomato Pizza   |
| or   | or   | or  | or                                | or                                    |
| Stuffed Peppers with Herby Ratatouille & Couscous              | Garlic & Herb Chicken Fillet with a Jacket Potato & Coleslaw | Veggie Pasta Bolognese  | Macaroni Cheese with Tomato Bread | Breaded Lemon Sole & Tartare Sauce    |
| served with  | served with  | served with   | served with                       | served with                           |
| Broccoli Sweetcorn   | Sweetcorn Curly Kale   | Cabbage Carrots   | Cauliflower Garden Peas           | Chips Peas Baked Beans                |
| or   | or   | or  | or                                | or                                    |
| Jacket Potato with Tuna & Onion                                | Cheese & Tomato Filled Omelette                              | Ham Salad Wrap  | Egg & Cress on a Granary Roll     | Jacket Potato with Vege Chilli        |
| followed by  | followed by  | followed by   | followed by                       | followed by                           |
| Oat & Raisin Cookie with a Fruit Wedge                         | Cheese & Crackers  | Blueberry Muffin with a Fruit Wedge   | Mango Cake with a Fruit Wedge     | Chocolate Flapjack with a Fruit Wedge |



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# WEEK 3



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Pork Sausage with  
Scrambled Eggs,  
Mushrooms, Fresh  
Tomato, Baked Beans  
and Hash Browns

or

Cheese & Red Onion  
Frittata with a  
Jacket Potato  
& Broccoli

served with

A vegetarian  
option is available with  
the Brunch

or

Tuna Melt Baguette

followed by

Rhubarb Crumble  
& Custard

Chicken &  
Vegetable Pie with  
Baby Potatoes

or

Salmon & Broccoli  
Pasta Bake

served with

Carrots  
Green Beans

or

Toasted Cheese  
Sandwich

followed by

Blueberry Scone  
with a Fruit Wedge

Roast Turkey with  
Cranberry Sauce,  
Sweetcorn & Curly  
Kale, Roast & Mashed  
Potatoes & Gravy

or

Ploughman's Lunch  
with Pickle

served with

or

Jacket Potato with  
Vege Mince

followed by

Golden Crunch Cookie  
with a Fruit Wedge

Cottage Pie with  
Sweet Potato Mash

or

Cauliflower &  
Broccoli Cheese with  
a Jacket Potato

served with

Roasted Vegetables

or

Chicken Club  
Sandwich

followed by

Fruit Kebab

Breaded  
Lemon Sole

or

Pasta in a Tomato  
& Fresh Herb Sauce

served with

Chips  
Mushy Peas  
Baked Beans

or

Cheese & Spring  
Onion Omelette

followed by

Sultana Cookie



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Gammon Steak with  
Pineapple and Herby  
Diced Potatoes

or

Vegetarian Pasta  
Bolognese

served with

Broccoli  
Leeks in a  
Cheese Sauce

or

Cheese &  
Coleslaw Wrap

followed by

Apple Pie &  
Ice Cream

Beef Burger in a Bun  
with Potato Wedges  
& Baked Beans

or

Quorn Toad in the  
Hole with Mashed  
Potatoes & Gravy

served with

Curly kale  
Sweetcorn

or

Jacket Potato Tuna &  
Red Onion

followed by

Treacle Sponge  
& Custard

Roast Beef with  
Yorkshire Pudding  
Roast & Mashed  
Potatoes & Gravy

or

Potato Topped  
Cumberland Pie  
(Vegetarian)

served with

Green Beans  
Roasted Parsnips

or

Egg & Cress on a  
Granary Roll

followed by

Lemon Drizzle Cake  
with a Fruit Wedge

Chicken  
Pasta Bake

or

Jacket Potato with  
Cheese & Beans

served with

Cabbage  
Carrots

or

BLT Pitta Pocket

followed by

Fresh Fruit Salad

Cheese & Tomato  
filled Omelette

or

Seaside Style  
Fish Goujons

served with

Potato Wedges  
Garden Peas  
Mushy Peas

or

Roasted Vegetable  
Wrap

followed by

Fruity Flapjack  
with a Fruit Wedge



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