

Available every day

Freshly baked bread. seasonal salad. fresh fruit platter, organic yoghurt, semi-skimmed milk and chilled water

For allergen nformation, please ask one of our Catering Team







Wednesday







Italian Meatballs in a Tomato & Fresh Basil Sauce with Tagliatelle Chicken Tikka Masala & Rice with Bombay Potatoes, Cucumber & Mint Yoghurt

or

Potato

Roast Gammon & Pineapple with Roast & Mashed Potatoes & Gravy

or

Garlic & Herb Chicken with Baby Roast Potatoes

Thin & Crispy Cheese & Tomato Pizza

Cheddar Cheese,

Tomato and Spring

Onion Omelette

with Potato Wedges

Spinach, Feta & Filo Pie with a Jacket

Vegetarian Lasagne with Garlic Bread

Vegetable Korma with Rice, Naan Bread & Mint Yoghurt

or

Roasted Vegetable Enchiladas

or

served with

Broccoli Carrots Sweetcorn Curly Kale

or

Cheese & Red Onion

served with

Roast Parsnips & Seasonal Green Leaf Vegetables

served with

Vegetable Medley **Baby Carrots**

served with

served with

Chips Baked Beans Garden Peas

or

Ham Salad Wrap

Pitta Pocket

BLT Wholemeal Baguette

Chicken & Cherry Tomato Omelette

or

Egg & Cress Wholemeal Roll

followed by

Oaty Apple Crumble & Custard followed by

Fruit Compote & Organic Yoghurt followed by

Australian Crunch Cookie with a Fruit Wedge

followed by

Mango Cake with a Fruit Wedge followed by

American Muffin with a Fruit Wedge













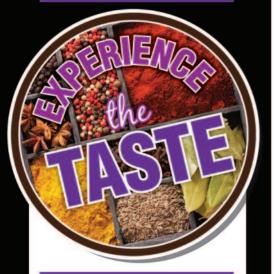












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Tuesday 🎆 Wednesday Monday **Thursday** Friday (Medi Free Friday) Beef Meatballs Thin & Crispy Cheese Sweet Potato Curry Spanish Beefy Roast Chicken, Sage with Wholegrain with Naan Bread & & Onion Stuffing & Tomato Pizza Rice Mango Chutney with Roast & Mashed Pasta in a Tomato & Basil Potatoes and Gravy Sauce Or or Or or or Garlic & Herb Macaroni Cheese Breaded Lemon Sole Stuffed Peppers Veggie Pasta with Herby Chicken Fillet with a Bolognese with Tomato Bread & Tartare Sauce Jacket Potato & Ratatouille & Couscous Coleslaw served with served with served with served with served with Broccoli Sweetcorn Cabbage Cauliflower Chips Sweetcorn Curly Kale Garden Peas Carrots Peas Baked Beans Or 10 Oľ OF Jacket Potato with Ham Salad Wrap Jacket Potato with Cheese & Tomato Egg & Cress on a Tuna & Onion Filled Omelette Granary Roll Vege Chilli followed by followed by followed by followed by followed by





Oat & Raisin Cookie

with a Fruit Wedge







Cheese & Crackers





Blueberry Muffin

with a Fruit Wedge





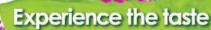
Mango Cake

with a Fruit Wedge



Chocolate Flapjack

with a Fruit Wedge



WEEK 3



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Wednesday



Friday (Neor Free Friday)



Pork Sausage with Scrambled Eggs, Mushrooms, Fresh Tomato, Baked Beans and Hash Browns

Chicken & Vegetable Pie with **Baby Potatoes**

Roast Turkey with Cranberry Sauce, Sweetcorn & Curly Kale, Roast & Mashed Potatoes & Gravy

Cottage Pie with Sweet Potato Mash

Breaded Lemon Sole

Cheese & Red Onion Frittata with a Jacket Potato & Broccoli

Salmon & Broccoli Pasta Bake

or

Ploughman's Lunch with Pickle

Cauliflower & Broccoli Cheese with a Jacket Potato

or

or

Pasta in a Tomato & Fresh Herb Sauce

served with

A vegetarian option is available with the Brunch

served with

Carrots Green Beans served with

or

followed by

served with

Roasted Vegetables

served with

Chips Mushy Peas Baked Beans

or

or

Tuna Melt Baguette

Toasted Cheese Sandwich

or

Jacket Potato with Vege Mince

Chicken Club Sandwich

or

Cheese & Spring Onion Omelette

followed by

Fruit Kebab

Sultana Cookie

followed by

followed by

Rhubarb Crumble & Custard

Blueberry Scone with a Fruit Wedge

followed by

Golden Crunch Cookie

with a Fruit Wedge

























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Wednesday



Friday (Negri Free Friday)



Gammon Steak with Pineapple and Herby Diced Potatoes

Beef Burger in a Bun with Potato Wedges & Baked Beans

or

Roast Beef with Yorkshire Pudding Roast & Mashed Potatoes & Gravy

Chicken Pasta Bake

or

Cheese & Tomato filled Omelette

or

Vegetarian Pasta

Bolognese

Quorn Toad in the Hole with Mashed Potatoes & Gravy

Potato Topped Cumberland Pie (Vegetarian)

or

Jacket Potato with Cheese & Beans

Seaside Style Fish Goujons

or

served with

Broccoli Leeks in a Cheese Sauce served with

Curly kale Sweetcorn

or

served with

Green Beans Roasted Parsnips served with

Cabbage Carrots

or

served with

Potato Wedges Garden Peas Mushy Peas

or

Cheese & Coleslaw Wrap Jacket Potato Tuna & Red Onion

Egg & Cress on a Granary Roll

or

BLT Pitta Pocket

Roasted Vegetable Wrap

followed by

Apple Pie & Ice Cream

followed by

Treacle Sponge & Custard

followed by

Lemon Drizzle Cake with a Fruit Wedge

followed by

Fresh Fruit Salad

followed by

or

Fruity Flapjack with a Fruit Wedge





















