## DISHES AND THEIR ALLERGEN CONTENT - METRO CATERING (WEEK 1)

| DISHES |  |  |  |  | 囲 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Spaghetti with Italian Meat Sauce | $\sqrt{ }$ | $V$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket Potato \& Cheese |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Jam \& Coconut Sponge \& Custard |  | $V$ |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |
| Curried Chicken \& Braised brown/white rice | $V$ | $V$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Ham \& Salad Wrap |  | $V$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate <br> Mousse \&Orange <br> Wedge |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Roast Pork \& Gravy |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Jacket Potato \& Salmon mayonnaise |  |  |  | $V$ | $\sqrt{ }$ |  |  |  | $\sqrt{ }$ |  |  |  |  |  |
| Seasonal Fruit Crumble \& Custard |  | $\sqrt{ }$ |  |  |  |  | $V$ |  |  |  |  |  |  |  |
| Loaded Vegetable Pizza Slice |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Review :Januar 2015 |  |  |  | Review | d by: S | allis |  |  |  |  |  |  |  |  |

