DISHES AND THEIR ALLERGEN CONTENT – METRO CATERING (WEEK 1)

DISHES					De.	upin Flour	Milk		MUSTARD			Share and the state of the stat		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti with Italian Meat Sauce	✓	✓					\checkmark							
Jacket Potato & Cheese							\checkmark							
Jam & Coconut Sponge & Custard		✓		√			\checkmark							√
Curried Chicken & Braised brown/white rice	√	√					\checkmark		✓					
Ham & Salad Wrap		✓												
Chocolate Mousse &Orange Wedge							✓							
Roast Pork & Gravy		✓											√	
Jacket Potato & Salmon mayonnaise				✓	✓				✓					
Seasonal Fruit Crumble & Custard		✓					✓							
Loaded Vegetable Pizza Slice		✓					\checkmark							

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Reviewed by: S.Wallis

